

Kim E. Lucey, LCSW  
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### **Informed Consent for Children**

I, \_\_\_\_\_, agree that my child,  
\_\_\_\_\_, may receive mental health services provided by Kim Lucey, LCSW. These services may include individual therapy, parent counseling, family therapy, child therapy, and/or group therapy.

### **Treatment Process**

Services start with an assessment. Kim Lucey, LCSW will talk with you about your child's current situation, ask you about your child's history, and make a recommendation for services. Kim E Lucey, LCSW will then develop a "treatment plan" with you that outlines how services will go and what outcomes are expected. Individual sessions usually last 45-55 minutes. They may be weekly or less than weekly. The frequency will depend upon your child's progress or lack of progress in treatment.

### **Risks & Benefits**

Mental health services are generally effective in treating most mental health conditions. Most people benefit from therapy. Few people get worse from treatment. Improvements do require attending appointments and following through with recommendations. When Kim E., Lucey, LCSW develops a treatment plan with you for your child, she will discuss risks and benefits more.

### **Minors and Custody**

Kim Lucey LCSW's role is to help people with mental health issues and make lasting life improvements. It is not her role to conduct a custody evaluation, determine whether a parent is "fit" or not, recommend one parent over another, nor focus on reunification of a child and parent. She will not testify in court about custody issues, unless she is compelled by a court. For children with divorced parents, Kim Lucey, LCSW expects the parents to communicate with each other about services, decide who will schedule appointments, who will bring the child to treatment, etc. Kim Lucey, LCSW and the child cannot be messengers between parents. **It is important to note that both parents have access to a child's record, regardless of custody, unless parental rights have been restricted or revoked. Kim Lucey, LCSW keeps records about your child's treatment. Her treatment records will also include child-focused information supplied by each parent. Please recognize that any information you disclose to her will be included in your child's treatment record.**

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Since children benefit from an expectation of some privacy, Kim Lucey, LCSW tries not to share details of what a child says or does in treatment. She will share with you your child's progress or lack of progress in treatment, as well as notify parents of any risks of harm to self or others. She includes parents in treatment for the benefit of the child.

I understand the above information and consent to Kim Lucey, LCSW providing treatment.

Signature: \_\_\_\_\_

Relationship to the Child: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_